

Titchwell Marsh

Finding your way around

Meadow trail

A peaceful 100-metre walk where you might see wildflowers, dragonflies and butterflies.

In the winter watch out for bitterns flying past. In spring and summer this trail provides great views of the wildflower meadow with photo opportunities of the southern marsh orchid. There are several ponds along the trail; from the viewing platform look out for the many damselflies and dragonflies that make the deep water their home.

The Meadow trail connects the West bank path and the Fen trail.

Fen trail

This 290-metre woodland trail offers brilliant views across the reedbed from the Fen hide.

Starting from the visitor centre you immediately get a sense of the rich wildlife on the reserve, with many species of woodland birds on the bird feeders. As you carry on along the track look out for water voles feeding at the edge of the dragonfly pond.

On the way to the Fen hide look out for a variety of native plants, such as woody nightshade, and birds such as long-tailed tits.

East trail

If you want a fantastic view over the reedbed and Patsy's pool, this 400-metre trail is for you.

The East trail is a great place to see birds, wildflowers and insects. The wildflowers create a home for a beautiful array of butterflies and this is the only part of the reserve where you can leave the trail to have a closer look at the wildlife.

From 1 August to 31 October this walk is extended to include the Autumn trail. This will get you up close to all kinds of wading and migrant birds at the peak of the autumn migration.

West bank path

As you walk the kilometre to the beach, be amazed at the extraordinary variety of wildlife on the reserve.

The West bank path gives great panoramic views over the reserve. See marsh harriers and bitterns flying over the large reedbed, migrating birds on the freshwater marsh from the modern Parrinder hide, and a stunning array of waders on the intertidal Volunteer marsh.

Continue on the path and you will find yourself on one of North Norfolk's best beaches.

